

**MINUTES OF THE REGULAR MEETING
SENIOR CENTER ADVISORY BOARD
TOWN OF CHINO VALLEY**

**TUESDAY, NOVEMBER 14, 2017
9:00 A.M.**

The Senior Center Advisory Board of the Town of Chino Valley, convened for a regular meeting at the Chino Valley Senior Center, located at 1021 W. Butterfield Road, Chino Valley, Arizona.

1) CALL TO ORDER

Chair Farber called the meeting to order at 9:04 a.m.

2) INVOCATION

Mary Johnson led the invocation.

3) ROLL CALL

Present: Joyce English; Anita DeMello; Nancy Best; Chair Kathy Farber; Elaine Erb;
Vice-Chair Nancy Mitchell; Mary Johnson

Staff Assistant Community Services Director Cyndi Thomas
Present:

4) APPROVAL OF MINUTES

- a)** Consideration and possible action to approve the October 10, 2017 minutes.

MOVED by Nancy Best, seconded by Elaine Erb to approve the October 10, 2017 meeting minutes.

Vote: 7 - 0 PASSED - Unanimously

5) REPORTS FROM SENIOR CENTER DIRECTOR, CHAIR, AND MEMBERS OF THE BOARD/LIAISONS

- a)** Executive - Kathy Farber

- b)** Activities - Elaine Erb

Ms. Erb reported that:

- She was to meet with Chuck Round in December.
- She would still plan some game activity.

c) Transportation - Anita DeMello, Mary Johnson

Ms. Johnson reported that:

- There was a trip to the Mesa flea market on Friday, December 17th.
- December 2nd will be the lights and gingerbread event.

d) Nutrition - Joyce English

Ms. English reported that:

- Meals On Wheels was down but will pick up again soon.
- Menus were going good.
- Sharon was back this week.
- A sign was posted by the Yavapai County Medical Association regarding upcoming different classes on nutrition, health and wellness.
- Joyce held classes on balance and nutrition health every Thursday at 9:15.

Ms. Thomas reported that the Board was partnered with the hospital and they came in every other month to do a presentation. Starting in January, they will be held at the library.

e) Community Services

Ms. Thomas reported that:

- NACOG monitoring was last week and as always, some improvements were needed. The monitoring report had found some dented cans.
- November 22nd will be the Senior Center Thanksgiving meal and all were encouraged to attend.
- Wheels on Meals drivers were needed.
- Phil Smith had passed away 2 weeks ago. He drove twice a week and many times he drove 5 times a week, or anytime the Senior Center needed him.

Ms. Best shared that she was now cancer free.

6) CALL TO THE PUBLIC

Call to the Public is an opportunity for the public to address the Board concerning a subject that is not on the agenda. Public comment is encouraged. Individuals are limited to speak for three (3) minutes. The total time for Call to the Public may be up to 15 minutes per meeting. Board action taken as a result of public comment will be limited to directing staff to study the matter, scheduling the matter for further consideration and decision at a later date, or responding to criticism.

7) UNFINISHED BUSINESS

- a) Discussion regarding selecting a date for sending out Christmas cards to Meals on Wheels recipients.

Ms. Thomas recalled that as a group, they were going to pair up or triple up and follow the Meals On Wheel's driver and hand the cards.

The Board discussed the project, preferring to meet at 8:30 a.m. on Wednesday, December the 13 to bag up gifts, prepare the cards, and hand out 50 of them.

MOVED by Nancy Best, seconded by Elaine Erb to deliver cards and gifts on the 13th of December.

Vote: 7 - 0 PASSED - Unanimously

8) NEW BUSINESS

9) FUTURE AGENDA SUGGESTIONS

10) ADJOURNMENT

MOVED by Mary Johnson, seconded by Nancy Best to adjourn the meeting at 9:26 a.m.

Vote: 7 - 0 PASSED - Unanimously

Dated this 20th day of November 2017

By: Vickie Nipper, *Deputy Town Clerk*

Approved: February 13, 2018