MINUTES OF THE REGULAR MEETING
OF THE SENIOR CENTER ADVISORY BOARD
OF THE TOWN OF CHINO VALLEY

Tuesday, February 10, 2015
8:00 A.M.

The Senior Center Advisory Board of the Town of Chino Valley, Arizona, convened for a regular meeting at the Chino Valley Senior Center, located at 1021 W. Butterfield Road, Chino Valley, Arizona.

Nancy Mitchell called the meeting to order at 8:09 A.M.

Dody Barwick led the invocation

Members present: Nancy Mitchell (Chair), Nancy Herrero, Kyle Herman, Anita DeMello, and Kathy Farber, Dody Barwick
Members absent: Nancy Best
Staff present: Senior Services Administrator Cyndi Thomas
Guest present: Pat Carey

4. APPROVAL OF MINUTES

4a. Consideration and possible action to adopt the January 13, 2014 minutes.

Kyle Herman requested correct, in the first line, special meeting to regular meeting and to add "from the Church of the Nazarene" to the transportation report in order to clarify the type of show. Kyle Herman moved, seconded by Anita DeMello to adopt the minutes as corrected and passed.

5. REPORTS

5a. Executive – Nancy Mitchell – no report available

5b. Activities – Nancy Herrero

Nancy Herrero reported that Yavapai Regional Medical Center (YRMC) would present a talk on prescription medications. She held a Car Cruise meeting last week and thanked Kathy, Nancy, and Cyndi for attending, the next meeting is February 18 at 10:00 a.m. The group discussed new items to include in the car cruise to try to make more money. She reported on the YRMC program, which allows people to go on line and enter their medical information allowing a responding ambulance to view your prescription history. YRMC will send a speaker to explain the program in detail. Events brought to the Board's attention as possible future activities the Better Breathing Club, Respiratory Rehab Program sponsored by Dr. El-Harakeh, and Life-Line ambulance insurance open enrollment. Nancy will pick up some file of life containers to pass out at medical events.

5c. Transportation – Kyle Herman

Kyle Herman advised no scheduled trips at this time. Potential trips are Grid Iron Glory at the Arizona science center for $16.00, St Patrick's Day parade in Sedona, Garden Train in Peoria, Humboldt Museum, Seligman for a day of shopping, and possibly Laughlin in April. There is a request for the Renaissance

Faire, and Kyle will look into Nazarene holding an Easter show and getting tickets for that event. Country West Mobile Home Park is interested in working in conjunction with the senior center in order to travel to events. Cyndi is making a presentation to the park on Wednesday.

5d. Nutrition – Kathy Farber

Kathy Farber presented information on the number of meals served meals on wheels and congregate. Administrator Thomas advised the revenue has risen dramatically but the daily draw has not risen and the next grant cycle is in 2-3 years before an increase in federal funding. Administrator Thomas advised the new Shamrock distributor, who is involved with health care food business, has presented ideas, which resulted in reducing food costs to approximately $1,000/week food budget.

6. SENIOR CENTER DIRECTOR'S REPORT

6a. General Services – Cecilia Grittman – No report available

6b. Senior Services – Cyndi Thomas

Administrator Thomas advised the Town's custodial position should be filled within a couple of weeks allowing the staff to resume regular duties. She has distributed suggestion cards to the congregate for their ideas and the responses are more in the nature of food complaints, also Friday is Sweetheart day in celebration of Valentine's Day. Nancy Mitchell thanked Supervisor Thomas for all her hard work at the senior center.

7. UNFINISHED BUSINESS

7a. Discussion and possible action regarding "Adopt a Sister Senior Center."

Kyle Herman reported on Blountstown, Florida was selected for the Sister Senior Center. She distributed information on the town including picture of the community. She made contact asked for ideas on what we would like to do for the Sister Center.

8. CALL TO THE PUBLIC – No public comments

9. **NEW BUSINESS –** No new business

10. **CORRESPONDENCE –** No Correspondence

11. **SUGGESTION BOX –** no suggestions

12. FUTURE AGENDA SUGGESTIONS

13. ADJOURNMENT

Kyle Herman moved, seconded by Dody Barwick to adjourn at 9:12 a.m.

Submitted this 15th day of February 2015
By: *Liz Hart, Deputy Town Clerk*